

#### Matthew 6:25-34

## Don't be distracted by what is

Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?

Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they... And why are you anxious about clothing? Consider

Matthew 6:26, 28-30

the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and

Matthew 6:26, 28-30

tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?

Matthew 6:26, 28-30

## Don't be distracted by what is

You are valuable.

Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

### Don't be distracted by what is

You are valuable.
God will care for us.

But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?

## Don't be distracted by what isn't.

### Don't be distracted by what isn't.

Don't be distracted by the illusion of control.

And which of you by being anxious can add a single hour to his span of life?

## Don't be distracted by what isn't.

Don't be distracted by the illusion of control.

Don't be distracted by the future.

Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

#### Focus on Both

Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all.

Matthew 6:31-33

But seek first the kingdom of God and his righteousness, and all these things will be added to you.

Matthew 6:31-33

#### The Kingdom of God is...

## The Kingdom of God is... in me.

# The Kingdom of God is... in me. in us.

# The Kingdom of God is... in me. in us.

in the world.

#### The Kingdom of God is... in me. in us. in the world.

in the end.

