



**Happy People are Gentle People**  
**"Blessed are the Meek"**

**#HappyPeople**



Matthew 5:5

**Blessed are the meek, for they will inherit the earth.**



**Happy People are Gentle People**



Psalm 37:11

But the meek will inherit the land and enjoy peace  
and prosperity.



# Happy People are Gentle People

1. Gentleness reveals weakness.



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2. Gentleness reveals strength.



**Meekness is not weakness.**

#HappyPeople



























**Gentleness is not weakness, but  
strength under control.**

#HappyPeople



# Happy People are Gentle People

1. Gentleness reveals weakness.
2. Gentleness reveals strength.
  - Gentleness defuses anger.



Proverbs 15:1

A gentle answer turns away wrath, but a harsh word stirs up anger.



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1. Gentleness reveals weakness.
2. Gentleness reveals strength.
  - Gentleness defuses anger.
  - Gentleness diminishes conflict.



Titus 2:8

...and soundness of speech that cannot be condemned, so that those who oppose you may be ashamed because they have nothing bad to say about us.



## 2 Timothy 2:24-26

And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth, and that they will come to their senses and escape from the trap of the devil, who has taken them captive to do his will.





Proverbs 25:15

Through patience a ruler can be persuaded, and a gentle tongue can break a bone.



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  - Gentleness defuses anger.
  - Gentleness diminishes conflict.
  - Gentleness demonstrates faith.
  - Gentleness displays love.



Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.



# Happy People are Gentle People

1. Gentleness reveals weakness.
2. Gentleness reveals strength.
3. Gentleness reveals Christ.



Matthew 21:5

“Say to Daughter Zion, ‘See, your king comes to you, gentle and riding on a donkey, and on a colt, the foal of a donkey.’”



Matthew 11:29-30

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.



