



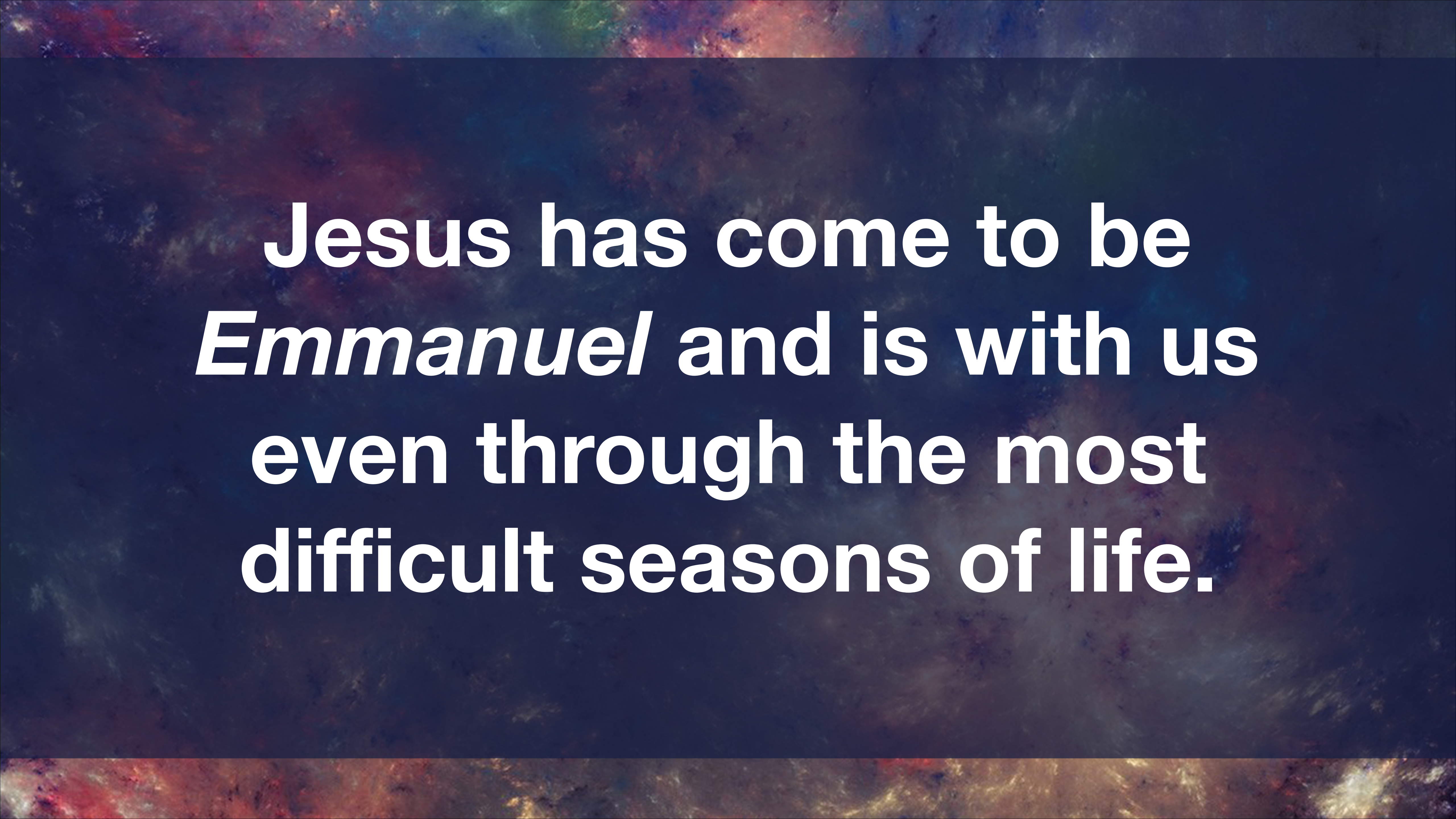
COLORS *of* CHRISTMAS



Blue Christmas

*The Lord is near to the brokenhearted
and saves the crushed in spirit.*

Psalm 34:18



**Jesus has come to be
Emmanuel and is with us
even through the most
difficult seasons of life.**

Luke 2

"Fear not, for behold, I bring you good news of great joy that will be for all the people."

Luke 2:10



**Joy is the response to God's
sovereignty and His
purposes being
accomplished in my life.**

1 Kings 19




Four factors that lead to depression

Fear (v 3)



Four factors that lead to depression

Failure (v 4)



**Four factors that lead to
depression**
Fatigue (v 5)



**Four factors that lead to
depression**
Futility (v 10)

Steps toward healing

Get away.

"But Mary treasured up all these things, pondering them in her heart."

Luke 2:19

Steps toward healing

Get help.

Steps toward healing

Get perspective.

Steps toward healing

Get back to life.

Steps toward healing

Get busy helping others.



Joy to your world



Joy to your world

Your fear is erased by His love.

"There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love."

1 John 4:18



Joy to your world

Your failure is erased by His
forgiveness.

"In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace..."

Ephesians 1:7



Joy to your world

Your fatigue is erased by His power.

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.

2 Corinthians 12:9

A cosmic background featuring a dark blue and purple nebula with glowing orange and yellow spots, resembling a star-forming region. The text is overlaid in white on a semi-transparent dark blue rectangular area.

Joy to your world

Your futility is erased by His purposes.

"...but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint."

Isaiah 40:31

"...do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

Philippians 4:6-7



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